

## Cell Notes Week beginning Sunday 14<sup>th</sup> April 2024

Luke ch 24:13-35.

1. Imagine you were one of that small group of disciples walking along the road to Emmaus.

How are you feeling? Share together some of what you are feeling and why.

How did you encounter Jesus during the journey? What did he then do to help you understand what had been happening? How did you feel as you sat down to eat, and afterwards?

If you had been a 'fly on the wall' during that walk and later, back at the house, what did you see happening amongst them?

Allan suggested that this little group was like a small group. Think back over the story, and to small groups that you might have belonged to previously, or your current group, what does your experience tell you about some of the main characteristics of an effective Christian small group?

2. Again, imagine you were on that Emmaus road. You've rushed back to Jerusalem and are trying to gather the apostles and other disciples together. How are you feeling, what has happened to you, and what will you tell them?
3. The disciples on the Emmaus road opened their home to welcome Jesus to eat and stay. Have you ever enjoyed such hospitality from Christians? How did that make you feel? Sharing meals and drinks together, welcome and hospitality were marks of the early Christian church. Like those early disciples, how can we make welcome and hospitality a distinctive mark of our church? What can you do to help make that happen?

Allan reminded us about strong small groups holding hands and facing outward in welcome. What do we need to do, individually, as a small group and as a church to enable that hospitable welcome to characterise us?

4. Reflecting on the 'blob swimming pool' picture used in the service (below), which blob do you identify with? Is there one that you'd like to be more like? If you've still got plenty of room to swim in your pool, who do you see standing on the side waiting for you to encourage them to get in and swim with you? If it is getting too crowded to be able to swim properly there, might God be asking you to swim a different stroke in the future? Perhaps in a different pool, with different blobs, or even helping the other blob who are waiting on the side to get in and swim with you?

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